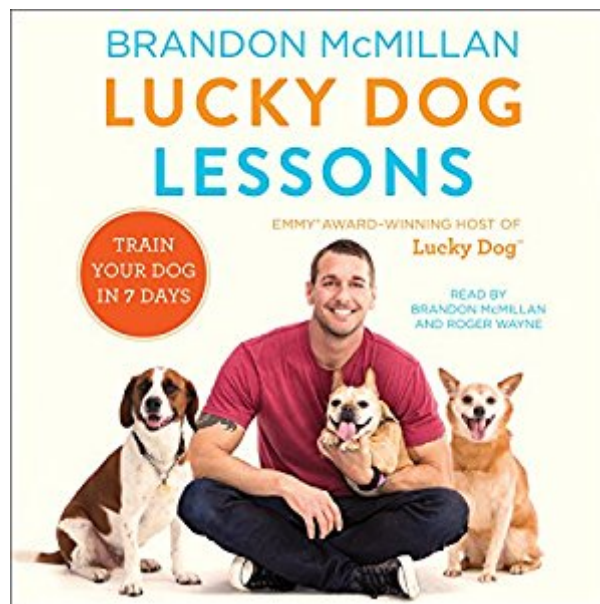


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# Lucky Dog Lessons: Train Your Dog In 7 Days



## Synopsis

The celebrity dog trainer and Emmy-winning star of the CBS show Lucky Dog shares his training system to transform any dog - from spoiled purebred puppy to shelter-shocked rescue - into a model companion in just seven days. Each week on Lucky Dog, Brandon McMillan rescues an untrained, unwanted, "unadoptable" shelter dog. In the days that follow, the dog undergoes a miraculous transformation as it learns to trust McMillan, master his 7 Common Commands, and overcome its behavior problems - ultimately becoming a well-mannered pet or even a service dog. With his labor of love complete, McMillan unites each dog with a forever family. Now, in his first book, McMillan shares the knowledge he has gained working with thousands of dogs of every breed and personality to help listeners turn their own pets into well-trained Lucky Dog graduates. Lucky Dog Lessons begins with the basics - building trust, establishing focus and control, and mastering training techniques. From there McMillan explains his playful, careful, and kind approach to training the 7 Common Commands he teaches every dog: sit, stay, down, come, off, heel, and no. Next McMillan provides solutions to common canine behavior problems, including house training issues, door dashing, chewing, barking, and mealtime misbehaviors. Lucky Dog Lessons includes easy-to-follow steps, illustrative examples, and tried-and-true tips and tricks to demonstrate each technique. Throughout the book McMillan shares inspiring stories about his favorite students and gives fans a behind-the-scenes look at the show and some of his most unique and challenging canine encounters, including some never-before-heard outtakes. Brandon McMillan believes that no dog is beyond saving, and the loving, positive, successful methods he offers will work wonders with even the most challenging dog. Create the happy pet family you want with Lucky Dog Lessons.

## Book Information

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## Customer Reviews

It Works! We watch the television show, Lucky Dog, and have used some of the training tips with our dog. After reading the book, which provided much more information and background stories, we have made much-needed headway with our dog's out-of-control barking. I would be driven to distraction when the dog would bark at visitors or noises. Now, I understand that barking is in his DNA and I can stop him from barking, but he will always bark. It took an enormous weight off my shoulders; I am a responsible dog owner and can do what is best for the dog. The book is interesting and moves right along. Having watched most dog related TV shows, this book has taught me that I don't need the trainer in my house to do the training as I formerly believed . I can do it myself which is great for the dog and my ego as well!

LUCKY DOG LESSONS is not just a book on how to train your dog. Of course, it's that, but it's also a call to be sensitive to the plight of neglected and abused dogs. LUCKY DOG LESSONS is filled with stories of how Brandon personally intervened and rescued abused dogs left in shelters. He is really passionate about saving these neglected dogs whenever he can: "This year alone, nearly four million dogs will go into animal shelters, and more than a quarter of those dogs will never come out."The author makes a plea to the reader to have compassion on our canine friends: "Make sure these amazing animals find a purpose, a family, and a place to call home." Toward that end, each chapter contains a short "Meet the dog" bio on a dog rescued from a shelter.The author offers a handy summary of his 7-day approach:1. 7 Days Is a Great Start.2. Breed Matters.3. Training Is Not Dominating.4. You're the Teacher; Play the Part.5. Let Your Dog Know What He's Doing Right.6. Training Is a Daily Diet.7. Any Dog Can Be a Lucky Dog.The key ingredient in training a dog is building trust. So, take time to build a bond. One good way to do this is to exercise with your pet. These are the keys to building trust:1. Be Calm.2. Be Patient.3. Be Understanding.4. Be Consistent.5. Be Reassuring.6. Be a Friend.For me, one great takeaway from LUCKY DOG LESSONS is the suggestion for training tools--especially the "Penny Bottle." I remember seeing this idea in other books, but it was good to be reminded of this tool. The author refers to the Penny Bottle often: "I swear by the penny bottle and recommend it to pretty much everyone I know. . .The reason it works is almost too simple: dogs get startled by the sound it makes. It literally stops them in their tracks when they're behaving badly."Do you have a dog who jumps up? Ours does that sometimes, and Brandon offers some ideas for stopping

that. The first one is simply, "Turn Your Back." What?? I never thought of that. When Fido jumps up, "say the word OFF in your firmest voice and turn your back." A second method is called "Hold Those Paws." Again, another idea I never thought of. I found the chapter on "Fence Barking" helpful, since our border collie loves to bark at neighbors across the fence (he especially hates weed-whackers.) Out comes the penny bottle: "When your dog starts barking at the fence, walk toward him, give a firm NO or QUIET, then briskly shake the penny bottle for a few seconds and follow that up by repeating the command again." Chapter 18 is a deadly serious chapter. If you have an aggressive dog, take time to carefully read this chapter. The author emphasizes that curing aggression is NOT a 7-Day Project. Brandon describes his experience with a surprisingly dangerous dog named "Odin." He was fast and dangerous (the dog, I mean, not Brandon): "Odin lit up, grabbing me with enough force to nearly rip my arm out of its socket...Even with the protection of the sleeve, I was black and blue for a month after that meet and greet. This dog meant business." I found Chapter 18 a very serious read. All in all, I found LUCKY DOG LESSONS to be a well-written, practical book. Besides the useful training ideas, I appreciate the author's passion in fostering kindness to these animals. Brandon appeals to the reader in a final plea: "If each of us contributes in some small way—by rescuing a dog, fostering a dog, volunteering to help train a dog, or donating to feed and house one a little while longer—we can save the next Bruno or Skye or Lulu who comes along. One dog at a time." Nicely said. Advance Review Copy courtesy of Edelweiss.

If you like Brandon McMillan on his show, Lucky Dog, you will love this book as it's exactly as the show is formatted! You can even hear his voice as you read. It's a five-star book, for sure, but I wish the photos were in color! I would've paid a little more for the book had they been because it truly would've added more. He also gives individual examples from the dogs he's rescued from shelters. It's a great dog training book and I am so glad I bought it!

I have read several dog training books. Most have something to offer that helps me work with my dogs. What I particularly appreciated from Brandon's book was his consideration for each dog's personality and life experience. There is no cookie cutter approach to helping each individual dog work through their challenges to become what every dog can be: a very special friend. Thank you, Brandon, for getting it.

Brandon starts out with some understanding of dogs. I adopted a dog and have watched Brandon

with other dogs on his show how he trains them. I am using some of his methods to modify my dog behavior. is a great book to start with and understand some of the behavior of adopted dogs.

If you have a pup that needs some training you will find some solid easy to follow advice in this book. Lucky Dog is all about rescuing, training and placing shelter dogs. Me and my two lucky dogs definitely approve of this book.

Great info, give you a great inside as to what your dog looks for as far as guidance and training goes, highly recommend this book for anyone with a dog that has behavior issues or just if you own a dog. It will make your life and your dogs life much more enjoyable.

Brandon McMillian is great at training dogs. Love his show and am reading book to help my dog with the commands. It is a great book. Thanks so much for this book. Will be working with Cotton on this. :)

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